



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Matthes, Bodo

Club: LC RON-HIL Berlin e.V.
Number: 677

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:19:56

Speed: 9.93 km/h
Running performance: 6:02 min/km

Rank in course/Total: 57 (of 117)

Rank in course/Men: 45 (of 82)

Best time in course: 2:54:26

Rank in category: 12(of 23)

Best time in the category: 3:11:26

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 11.60 | 1:15:25 | 6:30 | 22 | 24:48 | 77 | 31:01 | 11.60 | 1:15:25 | 6:30 | 1 | - | 19 | 15:52 |
| Lap 2 | 9.90 | 1:00:31 | 6:06 | 15 | 14:42 | 47 | 18:35 | 21.50 | 2:15:56 | 6:19 | 1 | - | 19 | 17:37 |
| Lap 3 | 11.10 | 1:04:08 | 5:46 | 7 | 12:19 | 22 | 17:46 | 32.60 | 3:20:04 | 6:08 | 1 | - | 19 | 3:49 |
| Last lap Ziel Inse | 10.40 | 59:52 | 5:45 | 10 | 16:41 | 29 | 18:08 | 43.00 | 4:19:56 | 6:02 | 12 | 1:08:30 | 45 | 1:25:30 |