



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Hennig, René

Club: Hansa Rostock
Number: 719

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:21:28

Speed: 9.87 km/h
Running performance: 6:05 min/km

Rank in course/Total: 60 (of 117)

Rank in course/Men: 46 (of 82)

Best time in course: 2:54:26

Rank in category: 13(of 23)

Best time in the category: 3:11:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:04:51	5:35	12	14:14	43	20:27	11.60	1:04:51	5:35	12		18	5:18
Lap 2	9.90	59:28	6:00	14	13:39	45	17:32	21.50	2:04:19	5:46	12		18	6:00
Lap 3	11.10	1:13:17	6:36	17	21:28	52	26:55	32.60	3:17:36	6:03	12		18	1:21
Last lap Ziel Inse	10.40	1:03:52	6:08	15	20:41	46	22:08	43.00	4:21:28	6:04	13	1:10:02	46	1:27:02