



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Wöhlmann, Sielke

Club: SG Spergau
Number: 704

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 4:22:40

Speed: 9.82 km/h
Running performance: 6:07 min/km

Rank in course/Total: 63 (of 117)
Rank in course/Women: 15 (of 35)
Best time in course: 3:34:11

Rank in category: 2(of 5)
Best time in the category: 4:16:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:06:06	5:41	3	1:48	12	11:29	11.60	1:06:06	5:41	2	1:48	33	
Lap 2	9.90	1:03:33	6:25	2	2:33	19	11:39	21.50	2:09:39	6:01	2	4:21	33	
Lap 3	11.10	1:13:14	6:35	3	3:09	16	15:33	32.60	3:22:53	6:13	2	7:30	33	
Last lap Ziel Inse	10.40	59:47	5:44	1	-	12	10:44	43.00	4:22:40	6:06	2	6:31	15	48:29