



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Fluege, Michael

Club: Long Distance Berlin
Number: 718

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:23:12

Speed: 9.80 km/h
Running performance: 6:07 min/km

Rank in course/Total: 64 (of 117)

Rank in course/Men: 49 (of 82)

Best time in course: 2:54:26

Rank in category: 14(of 23)

Best time in the category: 3:11:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:02:49	5:24	9	12:12	37	18:25	11.60	1:02:49	5:24	11		15	3:16
Lap 2	9.90	55:44	5:37	8	9:55	30	13:48	21.50	1:58:33	5:30	11		15	0:14
Lap 3	11.10	1:13:02	6:34	16	21:13	51	26:40	32.60	3:11:35	5:52	11		15	
Last lap Ziel Inse	10.40	1:11:37	6:53	19	28:26	61	29:53	43.00	4:23:12	6:07	14	1:11:46	49	1:28:46