



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

## Detailed evaluation

**Tippmann, Jens**

Club: LT Nordkreuz Berlin  
Number: 642

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 4:24:46

Speed: 9.74 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 65 (of 117)

Rank in course/Men: 50 (of 82)

Best time in course: 2:54:26

Rank in category: 10(of 18)

Best time in the category: 2:54:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:01:30	5:18	10	17:06	33	17:06	11.60	1:01:30	5:18	1	-	14	1:57
Lap 2	9.90	56:05	5:39	10	14:09	33	14:09	21.50	1:57:35	5:28	1	-	14	
Lap 3	11.10	1:24:20	7:35	15	37:58	73	37:58	32.60	3:21:55	6:11	1	-	14	5:40
Last lap Ziel Inse	10.40	1:02:51	6:02	10	21:07	41	21:07	43.00	4:24:46	6:09	10	1:30:20	50	1:30:20