



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

## Detailed evaluation

**Tippmann, Jens**

Club: LT Nordkreuz Berlin  
Number: 642

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 4:24:46

Speed: 9.74 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 65 (of 117)

Rank in course/Men: 50 (of 82)

Best time in course: 2:54:26

Rank in category: 10(of 18)

Best time in the category: 2:54:26

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 11.60    | 1:01:30    | 5:18         | 10          | 17:06       | 33      | 17:06      | 11.60         | 1:01:30    | 5:18         | 1        | -           | 14      | 1:57       |
| Lap 2              | 9.90     | 56:05      | 5:39         | 10          | 14:09       | 33      | 14:09      | 21.50         | 1:57:35    | 5:28         | 1        | -           | 14      |            |
| Lap 3              | 11.10    | 1:24:20    | 7:35         | 15          | 37:58       | 73      | 37:58      | 32.60         | 3:21:55    | 6:11         | 1        | -           | 14      | 5:40       |
| Last lap Ziel Inse | 10.40    | 1:02:51    | 6:02         | 10          | 21:07       | 41      | 21:07      | 43.00         | 4:24:46    | 6:09         | 10       | 1:30:20     | 50      | 1:30:20    |