



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Graffenberger, Julia

Club: Wiesbaden
Number: 681

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 4:27:41

Speed: 9.64 km/h
Running performance: 6:14 min/km

Rank in course/Total: 67 (of 117)
Rank in course/Women: 16 (of 35)
Best time in course: 3:34:11

Rank in category: 2(of 2)
Best time in the category: 3:53:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:03:30	5:28	2	2:07	9	8:53	11.60	1:03:30	5:28	2	2:07	34	
Lap 2	9.90	1:02:44	6:20	2	7:31	15	10:50	21.50	2:06:14	5:52	2	9:38	34	
Lap 3	11.10	1:17:05	6:56	2	14:05	20	19:24	32.60	3:23:19	6:14	2	23:43	34	
Last lap Ziel Inse	10.40	1:04:22	6:11	2	10:33	16	15:19	43.00	4:27:41	6:13	2	34:16	16	53:30