



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Weber, Stefan

Club: BSG Pneumant Fürstenwalde
Number: 643

Course: 43.00 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:32:57

Speed: 9.45 km/h
Running performance: 6:21 min/km

Rank in course/Total: 75 (of 117)

Rank in course/Men: 57 (of 82)

Best time in course: 2:54:26

Rank in category: 11(of 18)

Best time in the category: 2:54:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:10:15	6:03	12	25:51	61	25:51	11.60	1:10:15	6:03	4	8:45	7	10:42
Lap 2	9.90	1:02:20	6:17	11	20:24	53	20:24	21.50	2:12:35	6:10	9	15:00	7	14:16
Lap 3	11.10	1:14:05	6:40	10	27:43	55	27:43	32.60	3:26:40	6:20	9	4:45	7	10:25
Last lap Ziel Inse	10.40	1:06:17	6:22	11	24:33	51	24:33	43.00	4:32:57	6:20	11	1:38:31	57	1:38:31