



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Witter, Anissa

Club: BSG Stahl Eisenhüttenstadt
Number: 689

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:33:55

Speed: 9.42 km/h
Running performance: 6:22 min/km

Rank in course/Total: 76 (of 117)
Rank in course/Women: 19 (of 35)
Best time in course: 3:34:11

Rank in category: 3(of 6)
Best time in the category: 3:35:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:07:14	5:47	3	11:30	17	12:37	11.60	1:07:14	5:47	3	11:30	2	
Lap 2	9.90	1:03:26	6:24	3	10:30	17	11:32	21.50	2:10:40	6:04	3	22:00	2	
Lap 3	11.10	1:17:31	6:59	3	19:50	22	19:50	32.60	3:28:11	6:23	3	41:50	2	
Last lap Ziel Inse	10.40	1:05:44	6:19	3	16:13	19	16:41	43.00	4:33:55	6:22	3	58:03	19	59:44