



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Walter, Matthias

Club: Otsterholz-Scharmbeck
Number: 661

Course: 43.00 km
Cross-Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 4:48:40

Speed: 8.94 km/h
Running performance: 6:43 min/km

Rank in course/Total: 84 (of 117)

Rank in course/Men: 62 (of 82)

Best time in course: 2:54:26

Rank in category: 4(of 5)

Best time in the category: 3:23:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:10:05	6:02	4	19:28	59	25:41	11.60	1:10:05	6:02	4	19:28	2	10:32
Lap 2	9.90	1:03:56	6:27	4	16:55	58	22:00	21.50	2:14:01	6:14	4	36:23	2	15:42
Lap 3	11.10	1:16:27	6:53	4	19:54	58	30:05	32.60	3:30:28	6:27	4	56:17	12	14:13
Last lap Ziel Inse	10.40	1:18:12	7:31	4	28:48	70	36:28	43.00	4:48:40	6:42	4	1:25:05	62	1:54:14