



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Kahmann, Katja

Club: LG Mauerweg
Number: 610

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:55:59

Speed: 8.72 km/h
Running performance: 6:53 min/km

Rank in course/Total: 94 (of 117)
Rank in course/Women: 24 (of 35)
Best time in course: 3:34:11

Rank in category: 5(of 6)
Best time in the category: 3:35:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:12:05	6:12	5	16:21	23	17:28	11.60	1:12:05	6:12	5	16:21	7	
Lap 2	9.90	1:13:32	7:25	4	20:36	24	21:38	21.50	2:25:37	6:46	5	36:57	7	
Lap 3	11.10	1:18:09	7:02	4	20:28	23	20:28	32.60	3:43:46	6:51	5	57:25	7	
Last lap Ziel Inse	10.40	1:12:13	6:56	5	22:42	24	23:10	43.00	4:55:59	6:53	5	1:20:07	24	1:21:48