



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Kolasa, Pierre

Club: Bucklige Brotspinne
Number: 601

Course: 43.00 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:55:58

Speed: 8.72 km/h
Running performance: 6:53 min/km

Rank in course/Total: 93 (of 117)

Rank in course/Men: 70 (of 82)

Best time in course: 2:54:26

Rank in category: 16(of 16)

Best time in the category: 3:42:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:12:05	6:12	16	17:43	69	27:41	11.60	1:12:05	6:12	16	15:47	35	12:32
Lap 2	9.90	1:13:31	7:25	16	23:42	76	31:35	21.50	2:25:36	6:46	16	36:38	35	27:17
Lap 3	11.10	1:18:10	7:02	16	17:27	62	31:48	32.60	3:43:46	6:51	16	54:05	35	27:31
Last lap Ziel Inse	10.40	1:12:12	6:56	15	19:10	62	30:28	43.00	4:55:58	6:52	16	1:13:15	70	2:01:32