



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Blisse, Nina

Club: LG Mauerweg Berlin
Number: 706

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 5:02:41

Speed: 8.52 km/h
Running performance: 7:02 min/km

Rank in course/Total: 98 (of 117)

Rank in course/Women: 25 (of 35)

Best time in course: 3:34:11

Rank in category: 3(of 3)

Best time in the category: 4:20:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:08:45	5:55	3	2:29	21	14:08	11.60	1:08:45	5:55	3	2:29	8	
Lap 2	9.90	1:09:58	7:04	3	8:57	22	18:04	21.50	2:18:43	6:27	3	9:48	8	
Lap 3	11.10	1:25:04	7:39	3	13:56	26	27:23	32.60	3:43:47	6:51	3	23:44	8	
Last lap Ziel Inse	10.40	1:18:54	7:35	3	18:40	30	29:51	43.00	5:02:41	7:02	3	42:16	25	1:28:30