



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Etrzrodt, Frank-Ulrich

Club: 1. Berliner Vollmond-Marathon
Number: 665

Course: 43.00 km
Cross-Marathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 6:09:20

Speed: 6.99 km/h
Running performance: 8:35 min/km

Rank in course/Total: 115 (of 117)

Rank in course/Men: 82 (of 82)

Best time in course: 2:54:26

Rank in category: 4(of 4)

Best time in the category: 4:07:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:28:02	7:35	4	28:56	82	43:38	11.60	1:28:02	7:35	4	28:56	23	28:29
Lap 2	9.90	1:31:38	9:15	4	36:03	82	49:42	21.50	2:59:40	8:21	4	1:04:59	23	1:01:21
Lap 3	11.10	1:43:31	9:19	4	36:15	81	57:09	32.60	4:43:11	8:41	4	1:41:14	23	1:26:56
Last lap Ziel Inse	10.40	1:26:09	8:17	4	25:15	75	44:25	43.00	6:09:20	8:35	4	2:01:32	82	3:14:54