



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Amende, Beate

Club: Radiergummiliga
Number: 727

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 6:17:20

Speed: 6.84 km/h
Running performance: 8:47 min/km

Rank in course/Total: 117 (of 117)

Rank in course/Women: 35 (of 35)

Best time in course: 3:34:11

Rank in category: 11(of 11)

Best time in the category: 3:43:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	11.60	1:33:54	8:05	11	35:40	35	39:17	11.60	1:33:54	8:05	11	33:51	18	20:34
Lap 2	9.90	1:34:53	9:35	11	41:52	34	42:59	21.50	3:08:47	8:46	11	1:13:58	18	40:34
Lap 3	11.10	1:40:55	9:05	11	41:29	35	43:14	32.60	4:49:42	8:53	11	1:55:21	18	52:54
Last lap Ziel Inse	10.40	1:27:38	8:25	10	38:35	34	38:35	43.00	6:17:20	8:46	11	2:33:56	35	2:43:09