



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Niemann, Wilfried

Club: Langwedel
Number: 456

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:33:17

Speed: 13.51 km/h
Running performance: 4:25 min/km

Rank in course/Total: 8 (of 160)

Rank in course/Men: 8 (of 122)

Best time in course: 1:17:57

Rank in category: 1(of 19)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	47:33	4:29	3	0:23	12	8:11	10.60	47:33	4:29	11		8	8:11
Last lap Ziel Inse	10.50	45:44	4:21	1	-	6	7:09	21.10	1:33:17	4:25	1	-	8	15:20