



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Hell, Andreas

Club: SV Blau - Weiß Ziltendorf
Number: 379

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:34:04

Speed: 13.39 km/h
Running performance: 4:28 min/km

Rank in course/Total: 10 (of 160)

Rank in course/Men: 10 (of 122)

Best time in course: 1:17:57

Rank in category: 3(of 18)

Best time in the category: 1:32:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	47:07	4:26	3	0:44	8	7:45	10.60	47:07	4:26	17		10	7:45
Last lap Ziel Inse	10.50	46:57	4:28	3	1:13	11	8:22	21.10	1:34:04	4:27	3	1:57	10	16:07