



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Messing, Norbert

Club: SV Grün-Weiß Wittenberg  
Number: 321

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:37:25

Speed: 12.93 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 18 (of 160)

Rank in course/Men: 18 (of 122)

Best time in course: 1:17:57

Rank in category: 1(of 15)

Best time in the category: 1:37:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	48:34	4:34	1	-	17	9:12	10.60	48:34	4:34	1	-	18	9:12
Last lap Ziel Inse	10.50	48:51	4:39	1	-	17	10:16	21.10	1:37:25	4:37	1	-	18	19:28