



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Pacholak, Iwona

Club: Gubin / Polen
Number: 442

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Frauen (20-29 Jahre)

Total time: 1:41:26

Speed: 12.42 km/h
Running performance: 4:49 min/km

Rank in course/Total: 22 (of 160)

Rank in course/Women: 1 (of 38)

Best time in course: 1:41:26

Rank in category: 1(of 4)

Best time in the category: 1:41:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	51:37	4:52	1	-	2	0:42	10.60	51:37	4:52	1	-	30	
Last lap Ziel Inse	10.50	49:49	4:44	1	-	1	-	21.10	1:41:26	4:48	1	-	1	-