



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Monser, Franziska

Club: Erfurt

Number: 7

Course: 7.50 km

Sprintdistanz

Category:

Frauen (20-29 Jahre)

Total time: 44:22

Speed: 9.47 km/h

Running performance: 05:55 min/km

Rank in course/Total: 12 (of 38)

Rank in course/Women: 1 (of 14)

Best time in course: 44:22

Rank in category: 1(of 2)

Best time in the category: 44:22

| Control | Intermediate times | | | | | | | Stage score | | | | Total ranking | | | |
|-------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|-------------|------------|--------------|----------|---------------|-----------|--------------|--|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Schwedenschanz | - | 7:51 | - | 1 | - | 3 | 0:03 | - | 7:51 | - | 1 | - | 1 | - | |
| Schwedenschanz | - | 1:13 | - | 1 | - | 2 | 0:01 | - | 9:04 | - | 1 | - | 1 | - | |
| Schlammkuß Ein | - | 10:09 | - | 1 | - | 1 | - | - | 19:13 | - | 1 | - | 1 | - | |
| Schlammkuß Aus | - | 0:05 | - | 1 | - | 1 | - | - | 19:18 | - | 1 | - | 1 | - | |
| Reifenstapel Eins | - | 4:55 | - | 1 | - | 1 | - | - | 24:13 | - | 1 | - | 1 | - | |
| Reifenstapel Aus | - | 0:11 | - | 1 | - | 4 | 0:04 | - | 24:24 | - | 1 | - | 1 | - | |
| Bahngleise Einsti | - | 10:57 | - | 1 | - | 1 | - | - | 35:21 | - | 1 | - | 1 | - | |
| Bahngleise Ausst | - | 1:17 | - | 1 | - | 1 | - | - | 36:38 | - | 1 | - | 1 | - | |
| Wassergraben Ei | - | 2:23 | - | 1 | - | 1 | - | - | 39:01 | - | 1 | - | 1 | - | |
| Wassergraben Ai | - | 0:29 | - | 1 | - | 2 | 0:03 | - | 39:30 | - | 1 | - | 1 | - | |
| Blumenstraße | 7.50 | 4:52 | - | 1 | - | 1 | - | 7.50 | 44:22 | 5:54 | 1 | - | 1 | - | |