



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Baumgarten, Sven

Club: Metaldivers

Number: 18

Course: 7.50 km

Sprintdistanz

Category:

Senioren M30 (30-34 Jahre)

Total time: 44:19

Speed: 9.48 km/h

Running performance: 05:55 min/km

Rank in course/Total: 11 (of 38)

Rank in course/Men: 11 (of 24)

Best time in course: 34:47

Rank in category: 1(of 3)

Best time in the category: 44:19

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwedenschanz	-	7:40	-	1	-	13	1:36	-	7:40	-	1	-	15	
Schwedenschanz	-	1:14	-	1	-	14	0:17	-	8:54	-	1	-	15	
Schlammkuß Ein	-	10:18	-	1	-	13	2:17	-	19:12	-	1	-	15	
Schlammkuß Aus	-	0:10	-	2	0:04	20	0:06	-	19:22	-	1	-	15	
Reifenstapel Eins	-	4:49	-	1	-	12	0:58	-	24:11	-	1	-	15	
Reifenstapel Aus	-	0:11	-	2	0:04	14	0:04	-	24:22	-	1	-	15	
Bahngleise Einsti	-	10:57	-	1	-	11	2:41	-	35:19	-	1	-	15	
Bahngleise Ausst	-	1:17	-	1	-	10	0:14	-	36:36	-	1	-	14	
Wassergraben Ei	-	2:22	-	1	-	10	0:32	-	38:58	-	1	-	15	
Wassergraben Ai	-	0:28	-	2	0:02	14	0:07	-	39:26	-	1	-	15	
Blumenstraße	7.50	4:53	-	1	-	9	0:58	7.50	44:19	5:54	1	-	11	9:32