



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Bräske, Tino

Club: DATEV Leipzig

Number: 42

Course: 7.50 km

Sprintdistanz

Category:

Senioren M30 (30-34 Jahre)

Total time: 47:46

Speed: 8.79 km/h

Running performance: 06:22 min/km

Rank in course/Total: 16 (of 38)

Rank in course/Men: 14 (of 24)

Best time in course: 34:47

Rank in category: 2(of 3)

Best time in the category: 44:19

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwedenschanz	-	7:45	-	2	0:05	14	1:41	-	7:45	-	2	0:05	12		
Schwedenschanz	-	1:14	-	1	-	14	0:17	-	8:59	-	2	0:05	12		
Schlammkuß Ein	-	11:02	-	2	0:44	16	3:01	-	20:01	-	2	0:49	12	0:33	
Schlammkuß Aus	-	0:06	-	1	-	10	0:02	-	20:07	-	2	0:45	12	0:34	
Reifenstapel Eins	-	5:20	-	2	0:31	15	1:29	-	25:27	-	2	1:16	12	1:00	
Reifenstapel Aus	-	0:07	-	1	-	1	-	-	25:34	-	2	1:12	12	0:56	
Bahngleise Einsti	-	12:01	-	2	1:04	15	3:45	-	37:35	-	2	2:16	12	1:33	
Bahngleise Ausst	-	1:23	-	2	0:06	12	0:20	-	38:58	-	2	2:22	11	1:58	
Wassergraben Ei	-	2:42	-	2	0:20	16	0:52	-	41:40	-	2	2:42	12	1:47	
Wassergraben Ai	-	0:26	-	1	-	6	0:05	-	42:06	-	2	2:40	12	1:46	
Blumenstraße	7.50	5:40	-	2	0:47	16	1:45	7.50	47:46	6:22	2	3:27	14	12:59	