



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Franzke, Petra

Club: Getting Tough e.V.

Number: 31

Course: 7.50 km

Sprintdistanz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 49:18

Speed: 8.52 km/h

Running performance: 06:34 min/km

Rank in course/Total: 19 (of 38)

Rank in course/Women: 3 (of 14)

Best time in course: 44:22

Rank in category: 1(of 4)

Best time in the category: 49:18

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwedenschanz	-	7:50	-	1	-	2	0:02	-	7:50	-	1	-	3		
Schwedenschanz	-	1:12	-	1	-	1	-	-	9:02	-	1	-	3		
Schlammkuß Ein	-	11:54	-	2	0:33	6	1:45	-	20:56	-	1	-	3	1:43	
Schlammkuß Aus	-	0:05	-	1	-	1	-	-	21:01	-	1	-	3	1:43	
Reifenstapel Eins	-	5:07	-	1	-	3	0:12	-	26:08	-	1	-	3	1:55	
Reifenstapel Aus	-	0:07	-	1	-	1	-	-	26:15	-	1	-	3	1:51	
Bahngleise Einsti	-	12:19	-	2	0:28	4	1:22	-	38:34	-	1	-	3	3:13	
Bahngleise Ausst	-	1:31	-	1	-	4	0:14	-	40:05	-	1	-	3	3:27	
Wassergraben Ei	-	2:48	-	1	-	3	0:25	-	42:53	-	1	-	3	3:52	
Wassergraben Ai	-	0:30	-	1	-	3	0:04	-	43:23	-	1	-	3	3:53	
Blumenstraße	7.50	5:55	-	3	0:12	9	1:03	7.50	49:18	6:34	1	-	3	4:56	