



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Schumann, Nils

Club: LTV Erfurt e.V.

Number: 1

Course: 7.50 km

Sprintdistanz

Category:

Senioren M35 (35-39 Jahre)

Total time: 35:54

Speed: 12.53 km/h

Running performance: 04:47 min/km

Rank in course/Total: 2 (of 38)

Rank in course/Men: 2 (of 24)

Best time in course: 34:47

Rank in category: 1(of 6)

Best time in the category: 35:54

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwedenschanz	-	6:11	-	1	-	3	0:07	-	6:11	-	1	-	24		
Schwedenschanz	-	1:00	-	1	-	2	0:03	-	7:11	-	1	-	24		
Schlammkuß Ein	-	8:21	-	1	-	3	0:20	-	15:32	-	1	-	23		
Schlammkuß Aus	-	0:05	-	1	-	2	0:01	-	15:37	-	1	-	23		
Reifenstapel Eins	-	4:01	-	1	-	2	0:10	-	19:38	-	1	-	23		
Reifenstapel Aus	-	0:09	-	3	0:02	7	0:02	-	19:47	-	1	-	24		
Bahngleise Einsti	-	8:58	-	1	-	3	0:42	-	28:45	-	1	-	24		
Bahngleise Ausst	-	1:03	-	1	-	1	-	-	29:48	-	1	-	23		
Wassergraben Ei	-	1:50	-	1	-	1	-	-	31:38	-	1	-	24		
Wassergraben Ai	-	0:21	-	1	-	1	-	-	31:59	-	1	-	24		
Blumenstraße	7.50	3:55	-	1	-	1	-	7.50	35:54	4:47	1	-	2	1:07	