



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Krisch, Michael

Club: ZWEI-TAKT-TEAM Arnstadt

Number: 16

Course: 7.50 km

Sprintdistanz

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:09

Speed: 8.37 km/h

Running performance: 06:41 min/km

Rank in course/Total: 20 (of 38)

Rank in course/Men: 16 (of 24)

Best time in course: 34:47

Rank in category: 5(of 6)

Best time in the category: 35:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwedenschanz	-	8:05	-	5	1:54	17	2:01	-	8:05	-	5	1:54	9	0:10
Schwedenschanz	-	1:12	-	3	0:12	12	0:15	-	9:17	-	5	2:06	9	0:09
Schlammkuß Ein	-	11:29	-	5	3:08	17	3:28	-	20:46	-	5	5:14	9	1:18
Schlammkuß Aus	-	0:08	-	4	0:03	14	0:04	-	20:54	-	5	5:17	9	1:21
Reifenstapel Eins	-	5:36	-	5	1:35	17	1:45	-	26:30	-	5	6:52	9	2:03
Reifenstapel Aus	-	0:07	-	1	-	1	-	-	26:37	-	5	6:50	9	1:59
Bahngleise Einsti	-	12:56	-	6	3:58	20	4:40	-	39:33	-	5	10:48	9	3:31
Bahngleise Ausst	-	1:33	-	6	0:30	19	0:30	-	41:06	-	5	11:18	8	4:06
Wassergraben Ei	-	2:47	-	5	0:57	18	0:57	-	43:53	-	5	12:15	9	4:00
Wassergraben Ai	-	0:30	-	6	0:09	19	0:09	-	44:23	-	5	12:24	9	4:03
Blumenstraße	7.50	5:46	-	5	1:51	19	1:51	7.50	50:09	6:41	5	14:15	16	15:22