



# King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

## Detailed evaluation

**Hertel, Bernhardine**

Club: Team Sportfundgrube Rudolstadt

Number: 34

Course: 7.50 km

Sprintdistanz

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 53:06

Speed: 7.91 km/h

Running performance: 07:05 min/km

Rank in course/Total: 29 (of 38)

Rank in course/Women: 9 (of 14)

Best time in course: 44:22

Rank in category: 3(of 5)

Best time in the category: 45:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwedenschanz	-	9:15	-	3	1:27	12	1:27	-	9:15	-	3	1:27	8	1:24
Schwedenschanz	-	1:31	-	4	0:18	10	0:19	-	10:46	-	3	1:45	8	1:42
Schlammkuß Ein	-	12:23	-	3	1:49	9	2:14	-	23:09	-	3	3:34	8	3:56
Schlammkuß Aus	-	0:11	-	4	0:06	11	0:06	-	23:20	-	3	3:40	8	4:02
Reifenstapel Eins	-	5:56	-	3	0:52	8	1:01	-	29:16	-	3	4:32	8	5:03
Reifenstapel Aus	-	0:16	-	5	0:06	14	0:09	-	29:32	-	3	4:38	8	5:08
Bahngleise Einsti	-	12:46	-	2	1:44	8	1:49	-	42:18	-	3	6:22	6	6:57
Bahngleise Ausst	-	1:41	-	3	0:15	10	0:24	-	43:59	-	3	6:37	6	7:21
Wassergraben Ei	-	2:58	-	3	0:27	7	0:35	-	46:57	-	3	7:04	8	7:56
Wassergraben Ai	-	0:34	-	3	0:08	9	0:08	-	47:31	-	3	7:12	8	8:01
Blumenstraße	7.50	5:35	-	2	0:28	3	0:43	7.50	53:06	7:04	3	7:40	9	8:44