



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Jungheinrich, Petra

Club: Siebleber Schmutzfüße

Number: 39

Course: 7.50 km

Sprintdistanz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 54:20

Speed: 7.73 km/h

Running performance: 07:14 min/km

Rank in course/Total: 32 (of 38)

Rank in course/Women: 12 (of 14)

Best time in course: 44:22

Rank in category: 4(of 4)

Best time in the category: 49:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwedenschanz	-	9:13	-	4	1:23	11	1:25	-	9:13	-	4	1:23	12	1:22
Schwedenschanz	-	1:32	-	3	0:20	12	0:20	-	10:45	-	4	1:43	12	1:41
Schlammkuß Ein	-	12:32	-	4	1:11	12	2:23	-	23:17	-	4	2:21	12	4:04
Schlammkuß Aus	-	0:14	-	4	0:09	14	0:09	-	23:31	-	4	2:30	12	4:13
Reifenstapel Eins	-	6:06	-	4	0:59	11	1:11	-	29:37	-	4	3:29	12	5:24
Reifenstapel Aus	-	0:13	-	3	0:06	7	0:06	-	29:50	-	4	3:35	12	5:26
Bahngleise Einsti	-	12:57	-	4	1:06	10	2:00	-	42:47	-	4	4:13	12	7:26
Bahngleise Ausst	-	1:35	-	3	0:04	8	0:18	-	44:22	-	4	4:17	12	7:44
Wassergraben Ei	-	3:06	-	4	0:18	12	0:43	-	47:28	-	4	4:35	12	8:27
Wassergraben Ai	-	0:33	-	3	0:03	8	0:07	-	48:01	-	4	4:38	12	8:31
Blumenstraße	7.50	6:19	-	4	0:36	12	1:27	7.50	54:20	7:14	4	5:02	12	9:58