



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

Detailed evaluation

Jung, Torsten

Club: Argi+ Weidatalmarathon

Number: 4

Course: 7.50 km

Sprintdistanz

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:41

Speed: 10.58 km/h

Running performance: 05:17 min/km

Rank in course/Total: 7 (of 38)

Rank in course/Men: 7 (of 24)

Best time in course: 34:47

Rank in category: 2(of 6)

Best time in the category: 35:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwedenschanz	-	7:12	-	2	1:01	8	1:08	-	7:12	-	2	1:01	19		
Schwedenschanz	-	1:04	-	2	0:04	6	0:07	-	8:16	-	2	1:05	19		
Schlammkuß Ein	-	9:03	-	2	0:42	7	1:02	-	17:19	-	2	1:47	19		
Schlammkuß Aus	-	0:07	-	3	0:02	12	0:03	-	17:26	-	2	1:49	19		
Reifenstapel Eins	-	4:20	-	2	0:19	6	0:29	-	21:46	-	2	2:08	19		
Reifenstapel Aus	-	0:08	-	2	0:01	5	0:01	-	21:54	-	2	2:07	19		
Bahngleise Einsti	-	9:25	-	2	0:27	4	1:09	-	31:19	-	2	2:34	19		
Bahngleise Ausst	-	1:08	-	2	0:05	5	0:05	-	32:27	-	2	2:39	18		
Wassergraben Ei	-	2:10	-	2	0:20	5	0:20	-	34:37	-	2	2:59	19		
Wassergraben Ai	-	0:26	-	2	0:05	6	0:05	-	35:03	-	2	3:04	19		
Blumenstraße	7.50	4:38	-	2	0:43	7	0:43	7.50	39:41	5:17	2	3:47	7	4:54	