



# King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

## Detailed evaluation

Possner, Ronny

Total time: 1:35:41

Number: 1049

Speed: 9.41 km/h

Running performance: 06:23 min/km

Course: 15.00 km

Rank in course/Total: 33 (of 54)

Mitteldistanz

Rank in course/Men: 30 (of 45)

Best time in course: 1:04:04

Category:

Rank in category: 7(of 8)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:17:34

| Intermediate times |          |            |              |          |             |         |            | Stage score |            |              |          | Total ranking |         |            |  |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|-------------|------------|--------------|----------|---------------|---------|------------|--|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km    | Total Time | Total min/km | Pos Cat. | Behind Cat.   | Pos Men | Behind Men |  |
| Schwedenschanz     | -        | 7:24       | -            | 6        | 1:08        | 26      | 1:58       | -           | 7:24       | -            | 7        | 1:08          | 3       |            |  |
| Schwedenschanz     | -        | 1:10       | -            | 4        | 0:12        | 23      | 0:15       | -           | 8:34       | -            | 7        | 1:20          | 3       |            |  |
| Schlammkuß Ein     | -        | 10:16      | -            | 6        | 1:50        | 27      | 3:03       | -           | 18:50      | -            | 7        | 3:10          | 8       |            |  |
| Schlammkuß Aus     | -        | 0:10       | -            | 8        | 0:05        | 35      | 0:06       | -           | 19:00      | -            | 7        | 3:15          | 8       |            |  |
| Reifenstapel Eins  | -        | 5:13       | -            | 7        | 1:06        | 32      | 1:56       | -           | 24:13      | -            | 7        | 4:21          | 8       |            |  |
| Reifenstapel Aus   | -        | 0:12       | -            | 7        | 0:05        | 31      | 0:06       | -           | 24:25      | -            | 7        | 4:26          | 8       |            |  |
| Bahngleise Einsti  | -        | 10:22      | -            | 3        | 1:17        | 17      | 2:42       | -           | 34:47      | -            | 7        | 5:33          | 4       |            |  |
| Bahngleise Ausst   | -        | 1:21       | -            | 7        | 0:19        | 29      | 0:20       | -           | 36:08      | -            | 7        | 5:52          | 8       |            |  |
| Wassergraben Ei    | -        | 2:22       | -            | 5        | 0:23        | 23      | 0:24       | -           | 38:30      | -            | 7        | 6:15          | 8       |            |  |
| Wassergraben Ai    | -        | 0:29       | -            | 8        | 0:11        | 34      | 0:11       | -           | 38:59      | -            | 7        | 6:21          | 8       |            |  |
| Zwischenzeit Rur   | -        | 5:28       | -            | 6        | 0:37        | 20      | 1:39       | -           | 44:27      | -            | 7        | 6:17          | 8       |            |  |
| Schwedenschanz     | -        | 9:21       | -            | 8        | 1:42        | 32      | 3:25       | -           | 53:48      | -            | 7        | 7:03          | 8       |            |  |
| Schwedenschanz     | -        | 1:11       | -            | 5        | 0:16        | 17      | 0:19       | -           | 54:59      | -            | 7        | 7:19          | 8       |            |  |
| Schlammkuß Ein     | -        | 10:54      | -            | 8        | 2:33        | 28      | 3:46       | -           | 1:05:53    | -            | 7        | 9:52          | 8       |            |  |
| Schlammkuß Aus     | -        | 0:12       | -            | 8        | 0:07        | 42      | 0:08       | -           | 1:06:05    | -            | 7        | 9:59          | 8       |            |  |
| Reifenstapel Eins  | -        | 5:33       | -            | 8        | 1:38        | 32      | 2:07       | -           | 1:11:38    | -            | 7        | 11:37         | 8       |            |  |
| Reifenstapel Aus   | -        | 0:09       | -            | 3        | 0:04        | 18      | 0:04       | -           | 1:11:47    | -            | 7        | 11:41         | 8       |            |  |
| Bahngleise Einsti  | -        | 12:36      | -            | 8        | 3:21        | 38      | 4:50       | -           | 1:24:23    | -            | 7        | 14:55         | 8       |            |  |
| Bahngleise Ausst   | -        | 1:42       | -            | 8        | 0:45        | 43      | 0:45       | -           | 1:26:05    | -            | 7        | 15:40         | 8       |            |  |
| Wassergraben Ei    | -        | 2:59       | -            | 7        | 0:58        | 36      | 1:24       | -           | 1:29:04    | -            | 7        | 16:38         | 8       |            |  |
| Wassergraben Ai    | -        | 0:32       | -            | 6        | 0:11        | 30      | 0:12       | -           | 1:29:36    | -            | 7        | 16:49         | 8       |            |  |
| Blumenstraße       | 15.00    | 6:05       | -            | 8        | 1:48        | 40      | 2:29       | 15.00       | 1:35:41    | 6:22         | 7        | 18:07         | 30      | 31:37      |  |