



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Gäbe, Enrico

Club: SV Kyffhäuser
Number: 135

Course: 21.34 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:46:34

Speed: 11.82 km/h
Running performance: 4:59 min/km

Rank in course/Total: 5 (of 201)

Rank in course/Men: 5 (of 167)

Best time in course: 1:32:52

Rank in category: 3(of 27)

Best time in the category: 1:32:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:51	4:51	5	2:02	15	2:31	3.47	16:51	4:51	26		7	
Runde	3.47	17:18	4:59	3	2:29	9	2:29	6.94	34:09	4:55	26		6	4:31
Runde	3.47	17:36	5:04	2	2:03	5	3:56	10.41	51:45	4:58	26		6	6:34
Runde	3.47	17:49	5:08	2	2:02	5	2:02	13.88	1:09:34	5:00	26		5	8:36
Runde	3.47	18:22	5:17	3	2:21	7	2:21	17.35	1:27:56	5:04	25		5	10:57
Runde	3.97	18:38	4:41	4	2:45	10	18:02	21.34	1:46:34	4:59	3	13:42	6	59:07