



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Harmsen, Andreas**

Club: Garbsen  
Number: 149

Course: 21.34 km  
Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:22:26

Speed: 8.85 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 104 (of 201)

Rank in course/Men: 87 (of 167)

Best time in course: 1:32:52

Rank in category: 19(of 27)

Best time in the category: 1:32:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:22	5:34	8	4:33	41	5:02	3.47	19:22	5:34	9		88	
Runde	3.47	20:52	6:00	12	6:03	51	6:03	6.94	40:14	5:47	9		88	10:36
Runde	3.47	23:15	6:42	18	7:42	85	9:35	10.41	1:03:29	6:05	9		88	18:18
Runde	3.47	23:49	6:51	19	8:02	86	8:02	13.88	1:27:18	6:17	9		86	26:20
Runde	3.47	26:36	7:39	19	10:35	109	10:35	17.35	1:53:54	6:33	9		85	36:55
Runde	3.97	28:32	7:11	22	12:39	126	27:56	21.34	2:22:26	6:40	19	49:34	88	1:34:59