



13. Untertage-Sparkassen-Marathon  
Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kießling, Jens

Total time: 2:27:38

Number: 170

Speed: 8.53 km/h

Running performance: 6:55 min/km

Course: 21.34 km

Rank in course/Total: 113 (of 201)

Halbmarathon

Rank in course/Men: 97 (of 167)

Best time in course: 1:32:52

Category:

Rank in category: 12(of 21)

Senioren M45 (45-49 Jahre)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind  | Pos | Behind  |
|---------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
|         | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.    | Men | Men     |
| Runde   | 3.47  | 19:27 | 5:36   | 5    | 1:56   | 45  | 5:07   | 3.47  | 19:27   | 5:36   | 10   | 0:05    | 39  |         |
| Runde   | 3.47  | 22:01 | 6:20   | 9    | 3:46   | 77  | 7:12   | 6.94  | 41:28   | 5:58   | 10   |         | 97  | 11:50   |
| Runde   | 3.47  | 22:43 | 6:32   | 9    | 3:45   | 70  | 9:03   | 10.41 | 1:04:11 | 6:09   | 10   |         | 97  | 19:00   |
| Runde   | 3.47  | 24:28 | 7:03   | 12   | 5:32   | 93  | 8:41   | 13.88 | 1:28:39 | 6:23   | 10   |         | 95  | 27:41   |
| Runde   | 3.47  | 27:41 | 7:58   | 17   | 8:27   | 129 | 11:40  | 17.35 | 1:56:20 | 6:42   | 10   | 0:11    | 94  | 39:21   |
| Runde   | 3.97  | 31:18 | 7:53   | 19   | 11:16  | 149 | 30:42  | 21.34 | 2:27:38 | 6:55   | 13   | 1:40:11 | 98  | 1:40:11 |