



13. Untertage-Sparkassen-Marathon  
Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kießling, Jens

Total time: 2:27:38

Number: 170

Speed: 8.53 km/h

Running performance: 6:55 min/km

Course: 21.34 km

Rank in course/Total: 113 (of 201)

Halbmarathon

Rank in course/Men: 97 (of 167)

Best time in course: 1:32:52

Category:

Rank in category: 12(of 21)

Senioren M45 (45-49 Jahre)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:27	5:36	5	1:56	45	5:07	3.47	19:27	5:36	10	0:05	39	
Runde	3.47	22:01	6:20	9	3:46	77	7:12	6.94	41:28	5:58	10		97	11:50
Runde	3.47	22:43	6:32	9	3:45	70	9:03	10.41	1:04:11	6:09	10		97	19:00
Runde	3.47	24:28	7:03	12	5:32	93	8:41	13.88	1:28:39	6:23	10		95	27:41
Runde	3.47	27:41	7:58	17	8:27	129	11:40	17.35	1:56:20	6:42	10	0:11	94	39:21
Runde	3.97	31:18	7:53	19	11:16	149	30:42	21.34	2:27:38	6:55	13	1:40:11	98	1:40:11