



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Oster, Werner

Club: SRC-Heimbach-Weis
Number: 341

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:28:57

Speed: 8.46 km/h
Running performance: 6:59 min/km

Rank in course/Total: 119 (of 201)

Rank in course/Men: 101 (of 167)

Best time in course: 1:32:52

Rank in category: 10(of 17)

Best time in the category: 1:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:54	6:18	8	5:51	91	7:34	3.47	21:54	6:18	9		102	
Runde	3.47	24:15	6:59	12	6:55	115	9:26	6.94	46:09	6:38	9		101	16:31
Runde	3.47	24:03	6:55	10	4:57	99	10:23	10.41	1:10:12	6:44	9		101	25:01
Runde	3.47	24:47	7:08	10	5:15	101	9:00	13.88	1:34:59	6:50	9		99	34:01
Runde	3.47	27:45	7:59	14	7:44	130	11:44	17.35	2:02:44	7:04	9		98	45:45
Runde	3.97	26:13	6:36	11	6:28	92	25:37	21.34	2:28:57	6:58	10	36:44	102	1:41:30