



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Dirksen, Michael

Club: SSV 98 Dessau
Number: 72

Course: 21.34 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:35:35

Speed: 8.10 km/h
Running performance: 7:17 min/km

Rank in course/Total: 140 (of 201)

Rank in course/Men: 118 (of 167)

Best time in course: 1:32:52

Rank in category: 7(of 13)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	22:03	6:21	4	2:17	93	7:43	3.47	22:03	6:21	7	1:44	117	
Runde	3.47	23:36	6:48	6	2:38	106	8:47	6.94	45:39	6:34	7	4:22	116	16:01
Runde	3.47	25:29	7:20	8	4:53	121	11:49	10.41	1:11:08	6:49	7	9:15	116	25:57
Runde	3.47	28:02	8:04	10	7:53	145	12:15	13.88	1:39:10	7:08	7	17:08	114	38:12
Runde	3.47	28:40	8:15	9	7:35	139	12:39	17.35	2:07:50	7:22	7	24:43	113	50:51
Runde	3.97	27:45	6:59	7	8:04	120	27:09	21.34	2:35:35	7:17	7	32:47	119	1:48:08