



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Larsen, Janni

Club: SØAM Slangerup DEN
Number: 276

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:37:35

Speed: 8.00 km/h
Running performance: 7:23 min/km

Rank in course/Total: 152 (of 201)

Rank in course/Women: 24 (of 34)

Best time in course: 1:55:00

Rank in category: 3(of 5)

Best time in the category: 2:20:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	25:52	7:27	4	5:22	26	8:09	3.47	25:52	7:27	3	5:22	6	
Runde	3.47	24:34	7:04	3	2:45	19	5:49	6.94	50:26	7:16	3	8:07	6	
Runde	3.47	25:03	7:13	3	2:50	19	6:01	10.41	1:15:29	7:15	3	10:57	6	
Runde	3.47	25:28	7:20	3	1:05	18	6:09	13.88	1:40:57	7:16	3	12:02	6	
Runde	3.47	26:55	7:45	2	1:46	23	7:09	17.35	2:07:52	7:22	3	13:48	6	
Runde	3.97	29:43	7:29	4	3:45	31	10:18	21.34	2:37:35	7:23	3	17:33	24	42:35