



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Kapitza, Amadeus**

Club: schritt-weise.de  
Number: 221

Course: 21.34 km  
Halbmarathon

Category:  
Männer (20-29 Jahre)

Total time: 2:38:50

Speed: 8.06 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 156 (of 201)

Rank in course/Men: 131 (of 167)

Best time in course: 1:32:52

Rank in category: 23(of 27)

Best time in the category: 1:38:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	28:50	8:18	26	14:30	159	14:30	3.47	28:50	8:18	5	8:33	128	5:57
Runde	3.47	27:39	7:58	26	11:55	160	12:50	6.94	56:29	8:08	5	14:07	127	26:51
Runde	3.47	28:21	8:10	25	12:00	158	14:41	10.41	1:24:50	8:08	5	20:44	127	39:39
Runde	3.47	27:45	7:59	23	11:22	140	11:58	13.88	1:52:35	8:06	5	21:15	125	51:37
Runde	3.47	25:23	7:18	15	8:29	88	9:22	17.35	2:17:58	7:57	5	22:39	124	1:00:59
Runde	3.97	20:52	5:15	7	4:04	26	20:16	21.34	2:38:50	7:26	23	1:00:41	132	1:51:23