



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Hartwig, Ronny

Club: schritt-weise.de
Number: 152

Course: 21.34 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:39:31

Speed: 7.90 km/h
Running performance: 7:28 min/km

Rank in course/Total: 161 (of 201)

Rank in course/Men: 135 (of 167)

Best time in course: 1:32:52

Rank in category: 17(of 18)

Best time in the category: 1:49:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	3.47	28:23	8:10	18	13:32	157	14:03	3.47	28:23	8:10	5	6:17	132	5:30
Runde	3.47	27:22	7:53	18	10:36	157	12:33	6.94	55:45	8:01	5	12:49	120	26:07
Runde	3.47	25:58	7:28	17	7:37	127	12:18	10.41	1:21:43	7:50	5	16:02	120	36:32
Runde	3.47	24:35	7:05	15	5:18	94	8:48	13.88	1:46:18	7:39	5	17:50	118	45:20
Runde	3.47	26:48	7:43	16	7:56	111	10:47	17.35	2:13:06	7:40	5	20:31	117	56:07
Runde	3.97	26:25	6:39	13	25:49	97	25:49	21.34	2:39:31	7:28	17	50:28	136	1:52:04