



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kielmann, Roland

Club: Run4Fun
Number: 234

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:39:36

Speed: 7.89 km/h
Running performance: 7:29 min/km

Rank in course/Total: 162 (of 201)

Rank in course/Men: 136 (of 167)

Best time in course: 1:32:52

Rank in category: 16(of 21)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:50	6:52	15	6:19	125	9:30	3.47	23:50	6:52	6	4:28	133	0:57
Runde	3.47	24:24	7:01	14	6:09	119	9:35	6.94	48:14	6:57	6	5:51	132	18:36
Runde	3.47	25:14	7:16	14	6:16	117	11:34	10.41	1:13:28	7:03	6	7:09	132	28:17
Runde	3.47	26:23	7:36	16	7:27	120	10:36	13.88	1:39:51	7:11	6	9:25	130	38:53
Runde	3.47	28:18	8:09	18	9:04	134	12:17	17.35	2:08:09	7:23	6	12:00	129	51:10
Runde	3.97	31:27	7:55	20	11:25	151	30:51	21.34	2:39:36	7:28	17	1:52:09	137	1:52:09