



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Herrmann, Sandra

Club: Recklinghausen
Number: 169

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:40:36

Speed: 7.85 km/h
Running performance: 7:31 min/km

Rank in course/Total: 165 (of 201)

Rank in course/Women: 28 (of 34)

Best time in course: 1:55:00

Rank in category: 6(of 6)

Best time in the category: 1:55:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	26:39	7:40	6	8:46	29	8:56	3.47	26:39	7:40	6	8:46	1	-
Runde	3.47	26:08	7:31	6	7:14	28	7:23	6.94	52:47	7:36	6	16:00	1	-
Runde	3.47	27:07	7:48	6	8:05	29	8:05	10.41	1:19:54	7:40	6	24:05	1	-
Runde	3.47	26:56	7:45	6	7:35	26	7:37	13.88	1:46:50	7:41	6	31:40	1	-
Runde	3.47	27:06	7:48	5	7:20	26	7:20	17.35	2:13:56	7:43	6	39:00	1	-
Runde	3.97	26:40	6:43	5	6:36	20	7:15	21.34	2:40:36	7:31	6	45:36	28	45:36