



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Balling, Stefan**

Club: Friedberg  
Number: 17

Course: 21.34 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:40:51

Speed: 7.83 km/h  
Running performance: 7:32 min/km

Rank in course/Total: 168 (of 201)

Rank in course/Men: 139 (of 167)

Best time in course: 1:32:52

Rank in category: 18(of 21)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	29:03	8:22	21	11:32	162	14:43	3.47	29:03	8:22	4	9:41	136	6:10
Runde	3.47	27:33	7:56	20	9:18	158	12:44	6.94	56:36	8:09	4	14:13	135	26:58
Runde	3.47	27:30	7:55	20	8:32	151	13:50	10.41	1:24:06	8:04	4	17:47	136	38:55
Runde	3.47	26:23	7:36	16	7:27	120	10:36	13.88	1:50:29	7:57	4	20:03	133	49:31
Runde	3.47	26:06	7:31	13	6:52	102	10:05	17.35	2:16:35	7:52	4	20:26	133	59:36
Runde	3.97	24:16	6:06	11	4:14	70	23:40	21.34	2:40:51	7:32	19	1:53:24	140	1:53:24