



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Gierlich, Sina

Club: Athletik Waldniel
Number: 119

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:45:57

Speed: 7.59 km/h
Running performance: 7:47 min/km

Rank in course/Total: 175 (of 201)

Rank in course/Women: 29 (of 34)

Best time in course: 1:55:00

Rank in category: 4(of 5)

Best time in the category: 2:20:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking							
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	3.47	25:26	7:19	3	4:56	25	7:43	3.47	25:26	7:19	4	4:56	11		
Runde	3.47	25:22	7:18	4	3:33	26	6:37	6.94	50:48	7:19	4	8:29	11		
Runde	3.47	26:43	7:41	4	4:30	28	7:41	10.41	1:17:31	7:26	4	12:59	11		
Runde	3.47	29:30	8:30	4	5:07	31	10:11	13.88	1:47:01	7:42	4	18:06	11	0:11	
Runde	3.47	29:25	8:28	4	4:16	31	9:39	17.35	2:16:26	7:51	4	22:22	11	2:30	
Runde	3.97	29:31	7:26	3	3:33	30	10:06	21.34	2:45:57	7:46	4	25:55	29	50:57	