



13. Untertage-Sparkassen-Marathon
Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Hanke, Johannes

Total time: 2:46:54

Number: 143

Speed: 7.55 km/h

Running performance: 7:49 min/km

Course: 21.34 km

Rank in course/Total: 176 (of 201)

Halbmarathon

Rank in course/Men: 147 (of 167)

Best time in course: 1:32:52

Category:

Rank in category: 19(of 21)

Senioren M45 (45-49 Jahre)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	24:26	7:02	17	6:55	135	10:06	3.47	24:26	7:02	3	5:04	143	1:33
Runde	3.47	26:08	7:31	17	7:53	147	11:19	6.94	50:34	7:17	3	8:11	142	20:56
Runde	3.47	26:59	7:46	17	8:01	144	13:19	10.41	1:17:33	7:26	3	11:14	142	32:22
Runde	3.47	28:42	8:16	20	9:46	152	12:55	13.88	1:46:15	7:39	3	15:49	140	45:17
Runde	3.47	30:14	8:42	20	11:00	153	14:13	17.35	2:16:29	7:51	3	20:20	139	59:30
Runde	3.97	30:25	7:39	18	10:23	146	29:49	21.34	2:46:54	7:49	20	1:59:27	148	1:59:27