



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Escher, Christoph

Club: Marathonteam-Ratingen
Number: 84

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:49:53

Speed: 7.42 km/h
Running performance: 7:58 min/km

Rank in course/Total: 179 (of 201)

Rank in course/Men: 150 (of 167)

Best time in course: 1:32:52

Rank in category: 20(of 21)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	3.47	24:13	6:58	16	6:42	134	9:53	3.47	24:13	6:58	2	4:51	146	1:20			
Runde	3.47	26:09	7:32	18	7:54	148	11:20	6.94	50:22	7:15	2	7:59	145	20:44			
Runde	3.47	26:33	7:39	16	7:35	140	12:53	10.41	1:16:55	7:23	2	10:36	145	31:44			
Runde	3.47	27:44	7:59	19	8:48	138	11:57	13.88	1:44:39	7:32	2	14:13	143	43:41			
Runde	3.47	29:36	8:31	19	10:22	150	13:35	17.35	2:14:15	7:44	2	18:06	142	57:16			
Runde	3.97	35:38	8:58	21	15:36	158	35:02	21.34	2:49:53	7:57	21	2:02:26	151	2:02:26			