



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Waltmans, Johannes

Club: 6h-Lauf-Münster.de
Number: 490

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:57:07

Speed: 7.11 km/h
Running performance: 8:18 min/km

Rank in course/Total: 188 (of 201)

Rank in course/Men: 157 (of 167)

Best time in course: 1:32:52

Rank in category: 17(of 17)

Best time in the category: 1:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	25:09	7:14	16	9:06	138	10:49	3.47	25:09	7:14	3	2:55	154	2:16
Runde	3.47	24:53	7:10	14	7:33	127	10:04	6.94	50:02	7:12	3	3:32	153	20:24
Runde	3.47	25:45	7:25	15	6:39	125	12:05	10.41	1:15:47	7:16	3	4:46	153	30:36
Runde	3.47	27:44	7:59	15	8:12	138	11:57	13.88	1:43:31	7:27	3	6:35	137	42:33
Runde	3.47	29:41	8:33	17	9:40	152	13:40	17.35	2:13:12	7:40	3	9:57	150	56:13
Runde	3.97	43:55	11:03	17	24:10	161	43:19	21.34	2:57:07	8:17	17	1:04:54	158	2:09:40