



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Sabottka, Michael

Club: K.A.T. Zentrum Birkenstein
Number: 390

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:29:13

Speed: 8.44 km/h
Running performance: 6:59 min/km

Rank in course/Total: 120 (of 201)

Rank in course/Men: 102 (of 167)

Best time in course: 1:32:52

Rank in category: 11(of 17)

Best time in the category: 1:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	22:32	6:29	10	6:29	100	8:12	3.47	22:32	6:29	2	0:18	157	
Runde	3.47	23:27	6:45	10	6:07	104	8:38	6.94	45:59	6:37	2		156	16:21
Runde	3.47	24:03	6:55	10	4:57	99	10:23	10.41	1:10:02	6:43	2		156	24:51
Runde	3.47	25:36	7:22	12	6:04	114	9:49	13.88	1:35:38	6:53	2		154	34:40
Runde	3.47	26:34	7:39	12	6:33	108	10:33	17.35	2:02:12	7:02	2		153	45:13
Runde	3.97	27:01	6:48	13	7:16	110	26:25	21.34	2:29:13	6:59	11	37:00	103	1:41:46