



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Achilles, Willfried

Club: K.A.T.Zentrum Birkenstein
Number: 2

Course: 21.34 km
Halbmarathon

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:29:23

Speed: 6.02 km/h
Running performance: 9:49 min/km

Rank in course/Total: 196 (of 201)

Rank in course/Men: 162 (of 167)

Best time in course: 1:32:52

Rank in category: 2(of 2)

Best time in the category: 3:08:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	29:05	8:22	2	3:05	164	14:45	3.47	29:05	8:22	2	3:05	164	6:12
Runde	3.47	30:04	8:39	2	3:59	163	15:15	6.94	59:09	8:31	2	7:04	163	29:31
Runde	3.47	31:30	9:04	2	1:38	164	17:50	10.41	1:30:39	8:42	2	8:42	163	45:28
Runde	3.47	33:46	9:43	2	0:46	162	17:59	13.88	2:04:25	8:57	2	9:28	161	1:03:27
Runde	3.47	36:44	10:35	2	2:59	162	20:43	17.35	2:41:09	9:17	2	12:27	160	1:24:10
Runde	3.97	48:14	12:08	2	8:04	163	47:38	21.34	3:29:23	9:48	2	20:31	163	2:41:56