



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Bösel, Birger

Club: Laufgruppe Schwerin
Number: 57

Course: 42.18 km
Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:34:31

Speed: 11.75 km/h
Running performance: 5:05 min/km

Rank in course/Total: 11 (of 272)

Rank in course/Men: 11 (of 245)

Best time in course: 3:07:01

Rank in category: 3(of 26)

Best time in the category: 3:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	15:46	4:32	4	2:00	14	2:00	3.47	15:46	4:32	25		14	
Runde	3.47	16:07	4:38	4	1:26	11	1:26	6.94	31:53	4:35	25		14	
Runde	3.47	16:33	4:46	4	0:50	13	1:36	10.41	48:26	4:39	25		14	
Runde	3.47	16:27	4:44	2	0:48	9	0:50	13.88	1:04:53	4:40	25		13	
Runde	3.47	16:53	4:51	3	0:53	11	1:18	17.35	1:21:46	4:42	25		12	
Runde	3.47	17:15	4:58	2	1:15	10	1:47	20.82	1:39:01	4:45	25		12	
Runde	3.47	17:48	5:07	2	1:03	10	2:15	24.29	1:56:49	4:48	25		12	
Runde	3.47	18:40	5:22	3	2:06	16	2:32	27.76	2:15:29	4:52	25		12	
Runde	3.47	19:13	5:32	3	1:54	14	3:11	31.23	2:34:42	4:57	25		11	15:52
Runde	3.47	20:08	5:48	3	3:06	20	4:02	34.70	2:54:50	5:02	25		11	19:54
Runde	3.47	20:11	5:48	3	3:13	16	4:19	38.17	3:15:01	5:06	25		11	24:13
Runde	3.97	19:30	4:54	2	3:31	19	19:13	42.18	3:34:31	5:05	3	20:17	12	2:05:18