



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Ohlhorst, Frank

Club: Team Erdinger Alkoholfrei
Number: 337

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:52:13

Speed: 11.23 km/h
Running performance: 5:16 min/km

Rank in course/Total: 15 (of 201)

Rank in course/Men: 15 (of 167)

Best time in course: 1:32:52

Rank in category: 1(of 17)

Best time in the category: 1:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:03	4:37	1	-	9	1:43	3.47	16:03	4:37	10	-	18	-
Runde	3.47	17:20	4:59	1	-	10	2:31	6.94	33:23	4:48	10	-	17	3:45
Runde	3.47	19:11	5:31	2	0:05	23	5:31	10.41	52:34	5:02	10	-	17	7:23
Runde	3.47	19:53	5:43	2	0:21	23	4:06	13.88	1:12:27	5:13	10	-	16	11:29
Runde	3.47	20:01	5:46	1	-	19	4:00	17.35	1:32:28	5:19	10	-	15	15:29
Runde	3.97	19:45	4:58	1	-	17	19:09	21.34	1:52:13	5:15	1	-	16	1:04:46