



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Bamberger, Stefan**

Club: TSG 08 Roth  
Number: 18

Course: 42.18 km  
Marathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:43:04

Speed: 11.30 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 19 (of 272)

Rank in course/Men: 18 (of 245)

Best time in course: 3:07:01

Rank in category: 6(of 18)

Best time in the category: 3:19:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:59	4:53	5	1:42	34	3:13	3.47	16:59	4:53	13	0:11	23	
Runde	3.47	16:52	4:51	5	1:36	26	2:11	6.94	33:51	4:52	13		12	
Runde	3.47	17:46	5:07	6	1:53	31	2:49	10.41	51:37	4:57	13		23	
Runde	3.47	18:13	5:14	6	2:10	33	2:36	13.88	1:09:50	5:01	13		22	
Runde	3.47	18:55	5:27	6	2:51	38	3:20	17.35	1:28:45	5:06	13		21	
Runde	3.47	18:24	5:18	6	2:23	25	2:56	20.82	1:47:09	5:08	13		21	
Runde	3.47	17:59	5:10	4	1:53	12	2:26	24.29	2:05:08	5:09	13		21	
Runde	3.47	19:21	5:34	6	3:04	20	3:13	27.76	2:24:29	5:12	13		21	
Runde	3.47	19:20	5:34	6	2:51	16	3:18	31.23	2:43:49	5:14	13		20	24:59
Runde	3.47	19:16	5:33	4	1:54	10	3:10	34.70	3:03:05	5:16	13		18	28:09
Runde	3.47	20:27	5:53	6	1:44	18	4:35	38.17	3:23:32	5:19	13		18	32:44
Runde	3.97	19:32	4:55	6	1:54	22	19:15	42.18	3:43:04	5:17	6	23:08	21	2:13:51