



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Hauch, Wolfgang

Club: LSV Basel
Number: 154

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:48:28

Speed: 11.03 km/h
Running performance: 5:25 min/km

Rank in course/Total: 22 (of 272)

Rank in course/Men: 21 (of 245)

Best time in course: 3:07:01

Rank in category: 3(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:58	4:53	8	2:26	33	3:12	3.47	16:58	4:53	30		26	
Runde	3.47	16:46	4:49	5	1:44	22	2:05	6.94	33:44	4:51	30		26	
Runde	3.47	16:51	4:51	4	1:22	15	1:54	10.41	50:35	4:51	30		26	
Runde	3.47	17:13	4:57	3	1:15	17	1:36	13.88	1:07:48	4:53	30		25	
Runde	3.47	17:29	5:02	4	0:47	17	1:54	17.35	1:25:17	4:54	30		24	
Runde	3.47	17:50	5:08	4	0:41	15	2:22	20.82	1:43:07	4:57	30		24	
Runde	3.47	18:41	5:23	3	0:42	19	3:08	24.29	2:01:48	5:00	30		24	
Runde	3.47	20:21	5:51	7	1:55	32	4:13	27.76	2:22:09	5:07	30		24	
Runde	3.47	20:46	5:59	9	1:35	34	4:44	31.23	2:42:55	5:13	30		23	24:05
Runde	3.47	21:10	6:05	8	1:44	30	5:04	34.70	3:04:05	5:18	28		21	29:09
Runde	3.47	22:53	6:35	11	3:27	48	7:01	38.17	3:26:58	5:25	28		21	36:10
Runde	3.97	21:30	5:24	9	3:31	40	21:13	42.18	3:48:28	5:24	4	13:34	24	2:19:15