



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kirchner, Rainer

Club: LG Veitenstein
Number: 236

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:56:51

Speed: 10.64 km/h
Running performance: 5:37 min/km

Rank in course/Total: 34 (of 272)

Rank in course/Men: 33 (of 245)

Best time in course: 3:07:01

Rank in category: 4(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	17:29	5:02	11	1:39	46	3:43	3.47	17:29	5:02	36		36	
Runde	3.47	18:37	5:21	15	2:10	61	3:56	6.94	36:06	5:12	36		39	
Runde	3.47	18:38	5:22	9	1:41	48	3:41	10.41	54:44	5:15	36		39	
Runde	3.47	19:05	5:29	9	2:04	52	3:28	13.88	1:13:49	5:19	36		38	
Runde	3.47	19:22	5:34	8	2:07	48	3:47	17.35	1:33:11	5:22	36		37	
Runde	3.47	19:36	5:38	8	1:47	46	4:08	20.82	1:52:47	5:25	36		37	
Runde	3.47	20:17	5:50	8	2:06	42	4:44	24.29	2:13:04	5:28	36		37	
Runde	3.47	21:34	6:12	10	3:07	54	5:26	27.76	2:34:38	5:34	36		37	
Runde	3.47	20:16	5:50	4	1:41	25	4:14	31.23	2:54:54	5:36	36		36	36:04
Runde	3.47	19:50	5:42	2	0:21	15	3:44	34.70	3:14:44	5:36	36		33	39:48
Runde	3.47	21:31	6:12	4	2:04	26	5:39	38.17	3:36:15	5:39	36		33	45:27
Runde	3.97	20:36	5:11	3	2:37	28	20:19	42.18	3:56:51	5:36	4	21:08	36	2:27:38